

Prayer Diary: January 2026

PLEASE SEND CONTRIBUTIONS TO: INFO@CAMBSWORKPLACECHAPLAINCY.ORG.UK

1 Jan: New Year's Day: Pray for new beginnings of hope

2 Jan: We pray for all those struggling with January after the excitement and light of the Christmas period. We pray for positive thoughts and hope that accompanies the first signs of spring

3 Jan: Mahayana New Year - Celebrates the Buddhist New Year in Mahayana traditions.

4 Jan: Pray for those experiencing slavery and that they find help and support

5 Jan: Guru Gobind Singh Gurburab - Celebrates the birth of Guru Gobind Singh, the Sikhs' 10th master and teacher.

6 Jan: Give thanks to God that Christ is here for all, as we mark Epiphany and the revelation to the Magi

7 Jan: BAPTISM OF CHRIST We commemorate the baptism of Jesus by John the Baptist

8 Jan: Pray for all those struggling with worry and stress ALSO: STOP SUICIDE workshop.

9 Jan: Pray for decision makers governing our country

10 Jan: Pray for our scientific community

11 Jan: We give thanks and pray for all those who educate our children and young people

12 Jan: BIRTHDAY OF SWAMI VIVEKANANDA Hindu

13 Jan: LOHRI Sikh festival

14 Jan: MAKAR SANKRANTI / LOHRI / PONGAL Hindu

15 Jan: Pray for all those unemployed in the New Year or at risk of redundancy.

16 Jan: Please pray for Chaplains facing challenging situations during the pandemic at working tirelessly to comfort the ill and their loved ones and also comforting anxious individuals from all walks of life

17 Jan: Pray for those who are homeless or facing the real risk of homelessness

18 Jan: Celebrate World Religion Day - promote inter-faith understanding and harmony

Also: WEEK OF PRAYER FOR CHRISTIAN UNITY (18th-25th January)

19 Jan: Martin Luther King Jr. Day. Honors the civil rights leader and his contributions to equality.

Also: Brew Monday - join thousands of people coming together over a cuppa, a chat and to banish the winter blues. On Brew Monday The Samaritans encourages everyone to reach out to people who might be feeling lonely. Give someone a call or a video call and get talking

20 Jan: Pray for all those employed and self employed, working hard to support themselves and their families

21 Jan: Pray for the support of NHS staff and hospitals

22 Jan: Pray for all working in Prisons

23 Jan: Pray for those who have been bereaved

24 Jan: Pray for all those battling addiction

25 Jan: Burns Night

Also: HONEN MEMORIAL DAY (Buddhist) and CONVERSION OF SAINT PAUL (Christian)

26 Jan: LABAJIE / LABA FESTIVAL Chinese

27 Jan: Holocaust Memorial Day: pray for all who have been persecuted or suffer due to faith or race

28 Jan: Please pray for those struggling with family conflict, may they find inner peace and reconciliation when possible

29 Jan: Pray for those fostering and adopting children

30 Dec: Pray for all those working in our emergency services

31 Jan: Pray for tolerance, compassion and love within communities