

# Prayer Diary: October 2023

**PLEASE SEND CONTRIBUTIONS TO: [INFO@CAMBSWORKPLACECHAPLAINCY.ORG.UK](mailto:INFO@CAMBSWORKPLACECHAPLAINCY.ORG.UK)**

1 Oct: Share love, share friendship, share a smile on World Smile Day

We also celebrate the start of Black History Month - and the achievements of all black people

2 Oct: GANDHI JAYANTI Hindu we also Pray for those less fortunate and celebrate the produce and goods we can offer to those in need at Harvest Festival.

3 Oct: Pray for young people beginning University life

4 Oct: UN World Habitat Day and Child Health Day

5 Oct: Pray for those facing financial and workplace stress due to the cost of living crisis

6 Oct: We pray for our young people at schools and colleges

7 Oct: SHEMINI ATZERET Jewish (and 8 October)

8 Oct: INTER FAITH WEEK OF PRAYER FOR WORLD PEACE (8 to 15 October)

9 Oct: During Breast Cancer awareness month we pray for all those fighting cancer and their loved ones

We also pray for the life of prisoners during Prisoner Week from 9th October.

9- 15 October is the start of Baby Loss Awareness Week. Pray for all those who have lost a child

10 Oct: World Mental Health Awareness day - Pray for all those experiencing mental health issues as we recognise particularly those in the workplace facing stress

11 Oct: International Day of the Girl Child (United Nations campaign) and World Hospice and Palliative Care Week

12 Oct: running until 15 Oct is National Work Life Week - an opportunity for both employers and employees to focus on well-being at work. Please share our site: [www.workplacewellbeing.org.uk](http://www.workplacewellbeing.org.uk)

13 Oct: INTER FAITH WEEK (13th-20th Oct)

14 Oct: Pray for all those giving up their time and skills in caring for others, whether paid or unpaid

15 Oct: Global Wave of Light (light a candle for babies lost too soon)

15 to 23 Oct: NAVARATRI Hindu

16 Oct: ANNIVERSARY OF THE BIRTH OF THE BAB Baha'i and World Food Day - we pray for good management of our precious resources

17 Oct: Pray for all those who are self employed and struggling with the cost of living

Also, International Day for the eradication of poverty

18 Oct: Anti slavery day - pray for those suffering exploitation around the World

19 Oct: Pray for those who govern the country

20 Oct: Pray for all to be guided by wisdom as Sikhs celebrate the Guru Granth Sahib

21 Oct: Pray for all who have been diagnosed with cancer and their families

22 Oct: DURGASHTAMI Hindu

22 - 24 Oct: DURGA PUJA Hindu

23 Oct: DUSSEHRA / VIJAYA DASHAMIPUJA Hindu

Also Chinese Festival CHONGYANGJIE / CH'UNG YANG [Double Ninth Festival / Climb a High Mountain / Picnic in a High Place]

24 Oct: We pray for all those who are facing increased anxiety about their finances

26 Oct: Pray for those taking rest during the half term break - we pray for educational leaders, teachers, young people and children

28 Oct: We pray for those fighting addiction and hope they find strength and support from loved ones and support networks

29 Oct: We pray for the self employed working so hard for their families facing challenging times

30 Oct: We pray for all emergency response workers who look after us all

31 Oct: On All Hallow's Eve give thanks for those we have loved